


ADDISON'S DISEASE



Addison's disease (*adrenal insufficiency*) is a rare endocrine condition where the adrenal glands cease to function. It is treated with replacement steroid hormones, which are essential for life.



The Addison's Disease Self-Help Group is a charity run by and for those living and working with Addison's disease. We aim to share information that helps people (*and their families*) to work with their doctors in managing their health.

The ADSHG offers its members:

- An 'owner's manual'
- An emergency card
- A quarterly newsletter
- A members-only electronic discussion group
- A website
- Regional meetings and an annual medical lecture

To join, please visit our website

www.addisons.org.uk

Or write to: Deana Kenward, ADSHG President, PO Box 1083, Guildford, GU1 9HX Email: info@addisons.org.uk