



10 May 2003

Inaugural Annual General Meeting & Second Annual Medical Lecture

Westminster Community College, Elgin Avenue, London W9

Saturday 10 May, 2003

Order of events

2pm	Annual General Meeting	Led by members of the ADShG
2.45pm	Medical Lecture	Given by Professor John Wass, The Radcliffe Infirmary, Oxford
3.45pm	Emergency Injection demonstration	Led by Endocrine Nurse Suzanne Curran, Addenbrooke's Hospital, Cambridge

Please arrive promptly for a 2pm start.

We would like to thank Endocrine Nurse Suzanne Curran for giving up her Saturday to demonstrate the emergency injection procedure.

We hope to be able to provide enough needles and related medical supplies for all attendees who wish to practice the injection procedure to do so, but cannot guarantee this. Please indicate on your rsvp for the Medical Lecture if you would like to practice the injection procedure.

We will be asking for a donation at the door of £5 waged, £2 unwaged to cover the costs of room hire and additional expenses.

RSVP to: Katherine White, kgwhite@adshg.org.uk



Notice

is hereby given that the

first Annual General Meeting of the ADSHG
will be held at Westminster Community College, Elgin Avenue, London W9
Saturday 10 May, 2003 at 2pm

Agenda

1. Appointment of chairman of the meeting.
2. Adoption of the constitution.

The draft constitution is included with this notice of meeting. Any member wishing to propose a revision to the draft must submit a written resolution specifying the new wording, no later than 14 April 2003.

3. Election of officers

A proxy voting form and brief biographies of candidates nominated to date are included with this notice of meeting.

Any further members wishing to nominate themselves for election must submit a brief biography, no later than 14 April 2003.

4. Report of the Treasurer, presentation of the accounts for the year ended 30 December 2002 and of the expenses policy.
5. Adoption of the accounts for the year ended 31st December 2002.
6. Resolution to reimburse Mrs Deana Kenward's travel expenses for her trip to Glasgow in March 2003
7. Report of the President.
8. Report of the Website Manager.
9. Report of the Research & Publication Fund.
10. Any other business.

Katherine White & Nick Willson

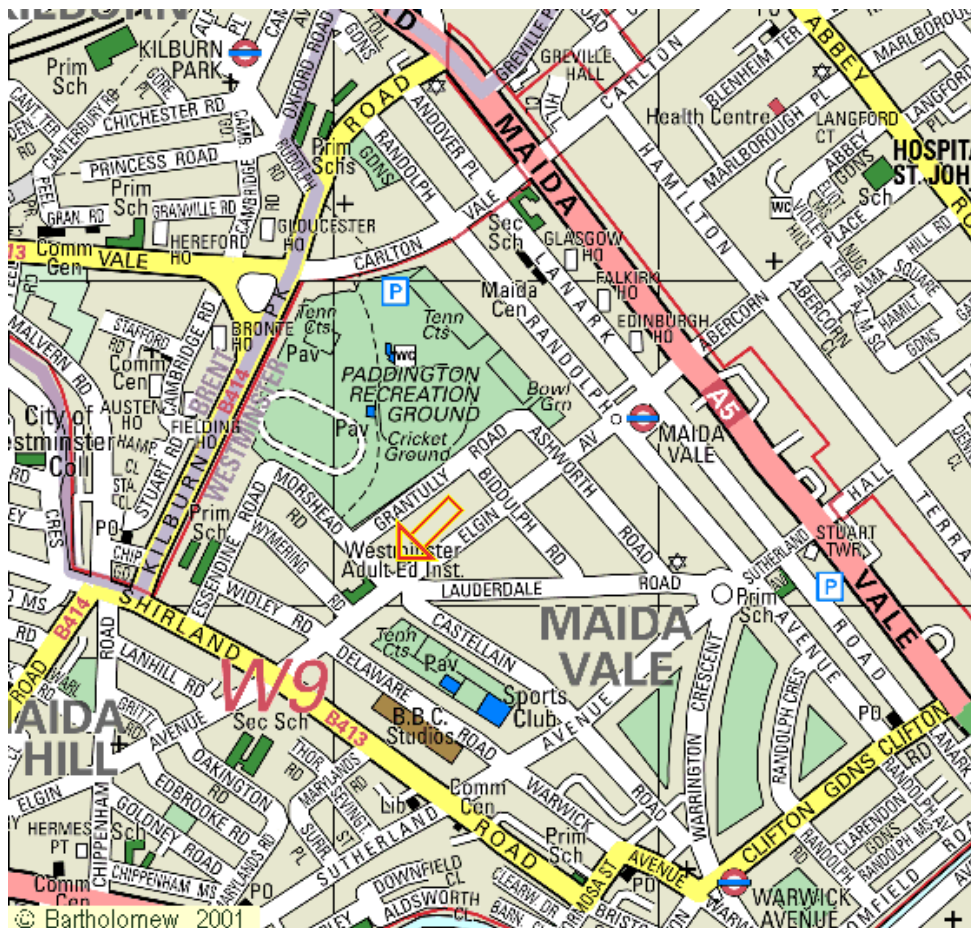
on behalf of the ADSHG

NOTES

- Only paid-up members of the ADSHG are entitled to vote.
- Nominations for election and any written resolutions should be sent to:
Nick Willson, email: nickwillson@adshg.org.uk, no later than Monday 14 April 2003.



Location of Westminster Community College, Elgin Avenue, London W9



The Addison's Disease Self-Help Group is a not-for-profit voluntary group.
Registered address: 21 George Road, Guildford, Surrey, GU1 4NP
<http://www.adshg.org.uk>



CANDIDATES FOR ELECTION
at the
first Annual General Meeting of the ADSHG
Saturday 10 May, 2003 at 2pm

Candidate for President: Deana Kenward



Deana founded the Addison's Disease Self-Help Group in 1984, a few years after her diagnosis.

Deana still acts as co-ordinator for the group, enrolling new members and keeping track of the ever-growing database of members. Group members who request a birthday greeting receive a personal birthday card from Deana every year. She produces the group's newsletter every two months, and still single-handedly types up the copy, does the photocopying and the enveloping for all 750 copies, in her home office. Deana organises an annual Open Day. This is a social get-together for members of the group and their partners, usually held at a hall near her home in Guildford. She works with local group members to arrange regional meetings in other parts of the country. Wherever possible, Deana also travels to attend the regional open days hosted by group members around the country.

Deana is the mother of two grown sons. She works night shifts (9pm to 7am) at her local supermarket where she fills the biscuit and confectionery shelves, a job she has maintained since before her diagnosis.

Candidate for Treasurer: David Leen

David is a qualified accountant and works as Finance Director for St Mary's College, Twickenham. He has volunteered his services to act as the group's Treasurer because of his brother Jeremy's experiences. Jeremy Leen was diagnosed with Addison's as a teenager. David is married with two young children.

Candidates for the Committee (in alphabetical order)



Sarah Baker

I was diagnosed with Addison's Disease in 1994, while living in the USA. When I returned to the UK in 1995, I joined ADSHG and, during 1996/7, undertook a survey of members to try and



establish the scope for fine-tuning the treatment of the disease. This triggered interest and support from the Radcliffe Infirmary, Oxford and led to the publication of the **Living with Addison's disease manual**, which I co-wrote with Katherine White and Professor John Wass. I contribute to the ADSHG website as part of the editorial team and have just put together the first webnewsletter.

I have two children, aged 13 and 11, and at present am a full time mother. Between 1984 and 1991, I worked in advertising as an account handler for some of London's top agencies. Until recently, I have worked part time from home as a freelance writer and editor. I am now taking time out from paid employment, partly in order to focus on the forthcoming international survey of people with Addison's, and plan to undertake a post graduate qualification in medical sociology in 2004/05, with a view to furthering issues raised by the research.

If elected, I would hope to bring an element of marketing expertise to the group, as well as editorial experience and a background of handling design and print. I would also hope to contribute understanding and insight gained from the 1996 survey and the 2003 study into Addison's, in order to continue to develop awareness of the condition and to promote best practice in terms of managing the condition.



Alyson Elliott

Alyson was diagnosed with Addison's Disease in May 1995 and joined the Addison's Disease Self-Help Group a few months later. She learnt about the group through the hospital where she was diagnosed and through contact with another patient, who had been previously diagnosed with Addison's disease and had conducted her own personal research. Over the last eight years Alyson has found the self-help group an invaluable source of information, and a pleasant way of meeting other people with the condition and being able to share experiences.

Alyson leads an active life working as a business consultant for LogicaCMG, a demanding job which often requires travelling throughout the UK. The business and IT (Information Technology) experience she has gained through her job has enabled her to have an understanding of most business problems, with the ability to define a resolution; she is keen to bring these skills to the group. Alyson also enjoys travelling in her spare time and is currently learning to speak Spanish.

Alyson is currently assisting Katherine White and Sarah Baker with the Addison's questionnaire to be sent out in 2003. She has compiled the database which will allow us to analyse the results, as well as advising on the design of the questionnaire itself.



Jan Snaith

Jan was diagnosed with Primary Adrenal Failure (Addison's Disease) in November 1999, although she did not take any medication until June 2001. She also has autoimmune anti-bodies to her ovaries, thyroid, parathyroid (calcium) and B12 production, although the latter two endocrine functions are still working. Jan joined the ADSHG in June 2002 and is keen to help make a difference to others who have the disease.

Jan is very active and until recently travelled a lot when she worked for Hewlett Packard Ltd (HP) running a group based across Europe, Middle-East and Africa. Jan enjoys sport, runs and goes to the gym three times a week.

One facet of Jan's professional role was fund raising, both internally and externally. She hopes that she can bring some of her business skills to the group to help develop the R&D that is done into living with and the causes of Addison's Disease. She is also very keen to help educate medical and emergency staff who may not understand fully what the disease is and its implications.



Sue Thompson

Sue was diagnosed with Addison's Disease in June 2002 after being ill for about a year, and has yet to reach equilibrium with her medication. Due to her continuing incapacity she has taken early retirement from the NHS. She is 59 years old, married with three grown up children and 4 (soon to be 5 grandchildren).

Sue has worked in NHS Finance since 1986. For the last 10 years in her capacity of Business Manager she was responsible for providing financial advice and support on budgetary and funding matters on approximately £13million, to the directors of central services within the Queen Elizabeth NHS Trust.

Sue has helped to put together the draft ADHSG Constitution, and is co-ordinating our application to the Charities Commission for charitable status.



Katherine White

Katherine joined the ADSHG in 1999, several months after her diagnosis with Addison's. Together with Sarah Baker and Professor John Wass, she is the co-author of the ADSHG's



publication, **Living with Addison's disease: an owner's manual**. For the past two years Katherine has organised the annual medical lecture for the ADSHG and has worked as part of the editorial team which develops the content of the group's website. With Sarah Baker, she is co-ordinating the international Addison's questionnaire being conducted jointly by the ADSHG, the Canadian Addison's Society and the Australian Addison's Disease Association.

Katherine is a full-time parent to her pre-school twins, who were born after her Addison's diagnosis. Her last paid job before this current, demanding role was as a human resources consultant specialising in employee attitude surveys. In the past, Katherine has lived and worked in Australia and New Zealand. Katherine is an accredited member of the Institute of Chartered Secretaries and Accountants (ACIS) and is a director for the limited liability company which manages her London mansion block.



Nick Willson

Nick joined the ADSHG in December 1996, soon after being diagnosed with Addison's Disease. In August 2000 Nick established the ADSHG email group and the following year developed the initial website for the group.

In 2002 Nick designed a comprehensive new website with support from Katherine White and Sarah Baker. Nick now maintains all the technical aspects of the site, prepares the new content publication and issues the bi-monthly web update announcements to e-mail subscribers.

Nick leads an active life and enjoys circuit training, Jive dancing and loves adventure sports. He works full time for a major mobile telecommunications manufacturer and has been on the committee of a leading social and activity club in Surrey, for the past six years.